

BIOACTIVE PEEL CONSENT FORM & POST TREATMENT INSTRUCTIONS

Skin Conditions: Superficial Wrinkles, Fine Lines Acne / Acne Prone / Rosacea Hyperpigmentation (sun/brown spots)

The treatment you will receive is a clinical treatment designed to exfoliate or remove the outer (epidermal) layers of the skin. Depending on the treatment, you may experience some temporary burning, itching, stinging or warm flushing. This will fade within 5-10 minutes. During the next few hours you may experience some tightening of the skin, which may last for several days. For some patients, a light flaking may begin within 48 hours. It is impossible to pre-determine how much peeling will occur. The shedding process usually subsides within 2-3 days. Infrequently, a small scab or blister may develop (usually over pre-existing lesions, such as acne or a scaly patch). If this occurs, it should not result in permanent mark as long as you do not tamper with the spot (since scarring can occur as a result of manipulation by the patient, i.e. picking it) and you must notify the office immediately. Your full participation in this skincare treatment will determine the success of the outcome. It is important that you strictly adhere to the homecare produce and regimen that your Professional Skin Therapist (PST) has recommended. It is possible to have a poor reaction or less skin improvement than expected. No guarantee is made or implied as to the precise results, peeling times or discomfort.

Please initial those which apply:

- | | |
|--|--|
| <input type="checkbox"/> I am not pregnant | <input type="checkbox"/> I agree to avoid direct sun for two weeks |
| <input type="checkbox"/> I am not allergic to aspirin | <input type="checkbox"/> I agree to notify my PST of concerns |
| <input type="checkbox"/> I have not used Retin-A for one week | <input type="checkbox"/> I agree not to wax for 72 hours |
| <input type="checkbox"/> I do not have any active cold sores | <input type="checkbox"/> I agree to apply sunscreen protection daily |
| <input type="checkbox"/> I have not used Accutane in the past year | (SPF 30 or higher) |
| <input type="checkbox"/> I agree to follow the prescribed protocol | |

POST-TREATMENT INSTRUCTIONS:

1. On the night of the treatment, rinse face with cool water. Moisturize skin with a barrier protecting moisturizer such as Barrier Repair. This will help soothe skin tightness.
2. Increase your fluid intake for the next 2-3 days.
3. Do not use any type of exfoliating product on the treated area for 3-4 days post treatment until the skin shows no sign of sensitivity.
4. Avoid daylight exposure for 2-3 weeks. Wear a 3-inch wide brimmed hat if necessary when going out into sunlight. Always wear SPF 30 (or higher) sunscreen.
5. Expect to begin peeling at 2-3 days. DO NOT pick or peel loose skin. This could cause post-inflammatory pigmentation or discoloration of your skin.
6. Expect to peel for approximately 1-1.5 weeks. Continue to moisturize the treated area for the duration of the peeling process. (Tip: Spritz with Ultracalming Mist and apply Skin Hydrating Booster or a heavier weight moisturizer throughout the day to maintain hydration and decrease the appearance of flaking.)
7. Once the skin has returned to normal, return to your regular skin routine that has been recommended by your Professional Skin Therapist.

I release and indemnify Anti-Aging Centers and Dermalogica from any liability and claims whatsoever arising out of or related to any loss, damage or injury that I may sustain while participating in this treatment.

I have received a copy of the

Client Signature: _____ Date _____

Parent signature for clients under 18 years of age: _____

Skincare Therapist Signature: _____ Date _____

I have received a copy of the consent form and post treatment instructions for the BioActive Peel

Client Signature: _____ Date _____

All About BioActive Peel

THIS
IS NOT JUST A PEEL



THIS IS BIOACTIVE™ PEEL

Take skin health to a new depth

Introducing A New Generation of Skin Resurfacing

Too many chemical peels today use incredibly strong chemicals — so strong, they can damage the living dermis and cause adverse side effects. But NEW Expert Strength BioActive Peel is different. The product of years of research by the skin health experts at Dermalogica and The International Dermal Institute (IDI), it powerfully targets fine lines, hyperpigmentation and acne to take skin health to a whole new depth.

A Chemical Peel That Works With The Skin, Not Against It

BioActive Peel works in sequential steps with the BioActive Peel Application Method synergistically and safely decrease surface roughness, treat acneic skin conditions, reduce fine lines and help minimize the appearance of pigmentation in the epidermis and dermal-epidermal interface.

Our Unique Multi-Phase Approach

- **Prep**
Preps skin by sloughing off epidermal cells
Removes lipids that block peel penetration
- **Peel**
Digests keratin protein
Accelerates cellular resurfacing and renewal
Stimulates collagen and glycosaminoglycans (GAGs) within the dermis
Increases natural ceramides
- **Neutralize**
Calms and soothes inflamed skin
Restores natural pH of skin



dermalogica[®]
a skin care system researched and developed by The International Dermal Institute



Anti-Aging Centers
laser hair removal, cosmetic skin rejuvenation & esthetics

After Your Peel

General Post-Peel Information For BioActive Peel

Post-Peel Chart

	Day of Treatment	Following Morning	Day 2	Day 3-5	Day 5+
Skin Appearance and Feeling	<ul style="list-style-type: none"> • Warm and tender; may feel like a mild sunburn in areas • Tight • Mild to moderate erythema and possible edema 	<ul style="list-style-type: none"> • Tight • Dry • Itchy • Mild to moderate erythema 	<ul style="list-style-type: none"> • Skin may begin to flake 	<ul style="list-style-type: none"> • Continued flaking or peeling 	<ul style="list-style-type: none"> • Peeling is generally finished • Skin feels normal
Post-Care Reminders	<ul style="list-style-type: none"> • Apply prescribed products • Keep cool • Avoid direct sun exposure • No exercising or heat 	<ul style="list-style-type: none"> • Apply prescribed products • Keep cool • Avoid direct sun exposure • No exercising or heat 	<ul style="list-style-type: none"> • Do not pick at flaking skin • Apply prescribed products • Avoid direct sun exposure 	<ul style="list-style-type: none"> • Do not pick at flaking skin • Apply prescribed products • Avoid direct sun exposure 	<ul style="list-style-type: none"> • Apply prescribed products • Avoid direct sun exposure

Frequently Asked Questions

- Q. Areas of my face are white. What happened? Is this normal?**

A. Whitening of the skin can occur during treatment due to the (a) **prep solution**, when precipitation of the salt crystals in Salicylic Acid forms a superficial, white, powdery substance that can be wiped off; or the (b) **Acid Active(+)**. This is completely normal, and clients should expect peeling in areas of frosting. It is recommended to keep such areas moist with the prescribed Dermalogica moisturizer for 3-4 days.
- Q. My skin is not peeling. Does this mean the treatment did not work?**

A. Absolutely not! Depending on your skin's resistance and how often your treatments are, you may not experience peeling or flaking. For a more accurate assessment of the treatment's success, feel the texture of your skin. If it feels smoother, your treatment is working. In addition, this may also be an indication that you may be more tolerant to additional layers during the **Acid Active(+)** portion of the BioActive peel.
- Q. Some areas of hyperpigmentation appear darker. Did the treatment make my pigmentation worse?**

A. No. It can take from 2 days to 1 week (or longer) to see changes in your skin. There may be more color on hyperpigmented areas for the first few days as the pigmented cells rise to the surface and slough off while new skin cells grow at the basal cell layer. However, please contact us if you are concerned or experience extreme cases of darkening or lightening of the skin.

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a skin care system researched and developed by The International Dermal Institute



Anti-Aging Centers
laser hair removal, cosmetic skin rejuvenation & esthetics

General Post-Peel Information (continued) For BioActive Peel

Series Information

For best results with the **BioActive Peel**, perform a series of 3-6 treatments depending on your level of concern. Multiple series may be performed to achieve the desired result. We recommend a series of **BioActive Peel** treatments in the spring, fall and winter as this will minimize exposure to the sun and decreases risk of photosensitivity. (It is important to delay your treatments if you will be spending significant time in the sun at any time of year.)

SKIN CONCERN	WHEN TO PERFORM SUBSEQUENT TREATMENTS
Aging/Pigmentation	2-4 weeks apart
Sensitive Skin	3-4 weeks apart
Acne/Congestion	2-4 weeks apart
Normal/Maintenance	4+ weeks apart

Contraindications

If any of these contraindications are present, you **can not** have a bioactive peel. Instead you should ask for a recommendation for an alternate treatment or reschedule your appointment if the contraindication will clear within a few days or weeks.

You can not have a **BioActive Peel** if you:

- are allergic to any of the ingredients in the BioActive Peel. (Please let us know if you have any history of allergies to skincare products.)
- are allergic to Aspirin
- have received a cosmetic or resurfacing skin procedure such as laser, light therapy, chemical peel or microdermabrasion within the last two weeks
- have received Botox or other injectable procedures within the last 5 days. BioActive Peel may be performed before injections or one week after injections
- have wax an area on your face in the last 72 hours
- are taking (or have taken) Isotretinoin (Accutane) currently or within the last 6 months
- have received a professional exfoliating treatment (scrub, enzyme or Hydroxy Acid) or have used an exfoliating, Vitamin-A derived product or medication within the last week
- have experienced direct sun exposure or have sunburned skin two weeks before treatment or plan on sun exposure in the two weeks following treatment
- have highly sensitized or irritated skin and the skin's barrier is compromised
- have a contagious skin disease or infection (such as an active cold sore breakout)
- have open cuts, wounds or abrasions on your skin
- are pregnant or lactating
- appear to be emotionally unstable

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