



ANTI-AGING CENTERS  
— YOUR COMPLETE MED SPA —

## LASER HAIR REMOVAL: CONSENT FORM

I \_\_\_\_\_ authorize Face & Body LLC dba Anti-Aging Centers of Connecticut and its designated staff to perform Laser Hair Removal on my body. I understand that Laser Hair Removal is an FDA-approved treatment method for removing unwanted hair. I have been advised of the possible adverse reactions as well as the pre-, intra- and post-treatment care which are detailed below.

**PAIN** The laser causes mild discomfort which can be minimized by applying an anesthetic cream approximately 45 minutes prior to each treatment, to be purchased in advance if needed.. The DCD, or cooling device, will be used with the laser to minimize epidermal damage & pain.

**CRUSTING** If superficial crusting occurs, it should resolve with the gentle care we describe in the office, and in the post-treatment instructions.

**PIGMENT CHANGES** Temporary color changes such as hyper-pigmentation, which is a brown discoloration, or hypo-pigmentation, which is a skin lightening, may occur. While these can take 3 to 6 months to resolve, they rarely lead to permanent scarring (less than 1%). Avoiding sun exposure / tanning beds / self tanners / spray tans before and after treatment reduces the risk of this occurring. The use of an SPF 46 or higher on the areas receiving laser treatment is highly recommended.

**PERSISTENCE OF HAIR** Evaluation of laser hair removal is ongoing, but studies and clinical experience suggests that multiple treatments produce long-term hair loss of approximately 75-85%. Although some clients respond better than others, most clients will experience progressive hair loss with each treatment. Women's faces and other male patterned areas on women, and men's backs, are notoriously persistent and may require more maintenance than the average 9-12 treatments. Factors that may lead to more than the average number of treatments include: hormonal imbalances, age and ethnic background.

**EXPECTATIONS** 755 nm and 1064 nm lasers are NOT effective on blonde, red, white or gray hairs. Lasers are NOT as effective on fine hairs. A rare, but potential side effect of lasering fine hairs is stimulation of new follicles. Periodic maintenance may be required to maintain results.

### PRE-TREATMENT INSTRUCTIONS

1. Avoid the sun:
  - 7-14 days before and after YAG treatments (tan skin & dark skin) with dark brown to black hair only
  - 4-6 weeks before and 1 week after GentleLASE Alexandrite treatment (light skin with no tan)
2. Avoid bleaching, using NAIR or self tanners for 3 weeks prior to treating.
3. Please SHAVE the area 24 hours before your treatment but DO NOT pluck or wax hair for 3-4 weeks beforehand.
4. If you have a history of perioral herpes, prophylactic antiviral therapy may be started the day before treatment and continued 1 week after.
5. Avoid antibiotics 7-10 days before treating to avoid photosensitivity. For clients treating their face, please discontinue Retin A for at least 1 week, no Accutane in prior 6 months, no injectable filler for 4 weeks prior to treatment, and no Botox 1 week before and 1 week after.
6. The laser seeks melanin and is attracted to dark colors. Please wear white or light colored undergarments if you are treating your bikini area.
7. Tanned skin can be treated with the GentleYAG laser but avoiding direct exposure to the sun or tanning beds in the treatment area is always recommended for at least one week before and after treatments. Please call the office and make the staff aware if there is any color change to skin in the treated area before treatment.
8. Skin should be free of all products: makeup, deodorant, creams, oils, etc.

### INTRA-TREATMENT CARE

1. The skin is cleaned and shaved or left with one day of new growth.
2. Safety considerations are important during the laser procedure. Protective eyewear will be worn by the client and all personnel during the procedure.

Page 1 of 2 Client Signature: \_\_\_\_\_ Date \_\_\_\_\_



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**POST-TREATMENT INSTRUCTIONS**

1. Immediately after treatment, there should be erythema (redness) and edema (swelling). Bumps at the treatment site may last from 15 minutes to 24 hours. The erythema may last up to 2-3 days. The application of ice during the first few hours after treatment will reduce the discomfort and swelling that may be experienced but we recommend only clear aloe vera gel, EltaMD Laser Enzyme gel, or Dermalogica Redness Relief Essence post-treatment. Rarely, minor epidermal blistering may occur, in which case poly-sporian cream may be applied. If this should happen, please contact our office immediately for further instructions.
2. Makeup may be used immediately after treatment unless there is epidermal blistering. It is recommended to use ONLY NEW makeup to reduce the possibility of infection (Folliculitis).
3. Avoid sun exposure for 7 days post treatment to avoid pigmentation changes. Use SPF 46 or greater at all times throughout the course of the treatment.
4. Avoid picking at or scratching the treated skin. If you are experiencing itching, apply a 1% hydrocortisone cream, EltaMD Laser Enzyme gel, or Dermalogica Redness Relief as needed to minimize irritation. Do not use any other hair removal treatment products or similar treatments (waxing, electrolysis or tweezing) that will disturb the hair follicle on the treatment area for a minimum of 2 weeks after the treatment is performed. Shaving may be performed.
5. Call our office with any questions or concerns you may have after the treatment. Return to our office or call for an appointment at the first sign of the return of hair growth. This can be about 4-8 weeks out or more depending on area treated and amount of treatments completed. Hair regrowth occurs at different rates on different areas of the body. New hair growth will not occur for at least three weeks after treatment.
6. Anywhere from 5-21 days after the treatment, shedding of the surface hair aka "purging" will occur and this may resemble the hair growing. This is not new hair growth. You may clean and remove the hair by washing or wiping the areas with a wet cloth/loofah or shaving the area to encourage the "dead" hair to fall out.
7. After the underarms are treated, avoid reapplying deodorant for 30+ minutes to avoid irritation.
8. There are no bathing restrictions except to treat the skin gently. For 48 hours: No scrubbing, rubbing or harsh products; treat as if you have sunburn. We recommend Dermalogica Clearing Wash to cleanse the area for 48 hours post-treatment. The product clears bacteria and normalizes the pH of the skin.
9. Exercise is not recommended for the first 24 hours after treatment to avoid irritating follicles.
10. Being compliant and keeping scheduled appointments suggested by AAC and your technician is crucial for best results. Non-compliance can add to the number of treatments needed as we may miss growth cycles of the hair follicle. Average number is 9-12 treatments excluding male patterned areas on women.

I acknowledge that I have read the adverse reactions above and I feel that I have been adequately informed of the risks of Laser Hair Removal treatments. Before each treatment I will inform the Laser Technician if I have taken any new medications since my last treatment or if I have tanned the areas to be treated either by sunlight or artificially. I understand that recently tanned skin should only be treated with the YAG Laser (for dark brown to black hair only) and only after being out of the sunlight, tanning beds, and/or the use of tanning creams for a minimum of 7 days. I also understand that some medications can make my skin photosensitive and either of the aforementioned conditions could cause the laser to damage my skin. I consent to the taking of photographs during the course of my therapy for the purpose of medical education. I understand that my identity will not be revealed in the photographs or corresponding text. I also agree to comply with the recommended aftercare guidelines which are crucial for healing, prevention of scarring and hyperpigmentation. I agree to cooperate with the recommendations of Anti-Aging Centers of Connecticut, and I realize that any lack of cooperation could result in less than optimal results.

I certify that I have read and fully understood this form and consent to the procedures referred to in this document. I have had the opportunity to ask Anti-Aging Centers of Connecticut staff any questions regarding the proposed treatment. I also certify that I read and write English. By signing below, I acknowledge that I have read and understood all of the information presented to me before signing this consent form. I hereby release Anti-Aging Centers of Connecticut, its medical staff and technicians from any liability arising out of the services associated with the above treatment.

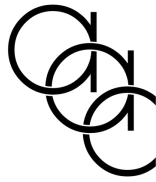
Page 2 of 2 Client Signature: \_\_\_\_\_ Date \_\_\_\_\_

Parent signature for clients under 18 years of age: \_\_\_\_\_

Technician Signature: \_\_\_\_\_ Date \_\_\_\_\_

I have received a copy of the Consent & Client Instructions

Client Signature: \_\_\_\_\_ Date \_\_\_\_\_



# UNLIMITED LASER HAIR REMOVAL MEMBERSHIP

Choose your body part. Treat when you want.

Pay upfront for one year and **save over 20%**

Pay monthly (12 month commitment) and **save over 10%**

## XS

**\$495 \$45**

**ANNUALLY MONTHLY**

Ab Trail • Areolas • Cheeks  
Chin • Ears • Fingers • Glabella  
Nose • Toes • Upper Lip

## S

**\$790 \$70**

**ANNUALLY MONTHLY**

Bikini Line • Feet • Hands  
Inner Thighs • Knees • Neck  
Sideburns • Underarms

## M

**\$975 \$90**

**ANNUALLY MONTHLY**

Bikini Extension • Brazilian  
Forearms • Full Abs • Beard  
Full Chest • Face • Half Back  
Scalp • Shoulders

## L

**\$1100 \$100**

**ANNUALLY MONTHLY**

Brazilian Extension • Full Arms  
Gluteals • Lower Legs • Upper Legs

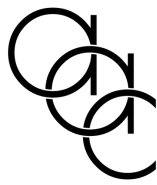
## XL

**\$1335 \$125**

**ANNUALLY MONTHLY**

Chest & Abs • Full Back

**TERMS** All pricing at AAC is subject to change. Each membership is limited to a single area of choice. Memberships require a 12 month commitment and treatments must be used within that time period. Packages expire 2 years from purchase date. All services purchased are non-refundable. Results vary.



**XS**

**S**

**M**

**L**

**XL**

Ab Trail Areolas Cheeks Chin Ears Fingers Glabella Nose Toes Upper Lip	Bikini Line Feet Hands Inner Thighs Knees Neck Sideburns Underarms	Bikini Extension Brazilian Forearms Full Abs Beard Full Chest Face Half Back Scalp Shoulders	Brazilian Extension Full Arms Gluteals Lower Legs Upper Legs	Chest & Abs Full Back
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## PACKAGES OF THREE

\$169	\$269	\$369	\$469	\$569
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## SINGLE SESSIONS

\$70	\$110	\$150	\$190	\$230
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