

VELASHAPE: CLIENT TAKE HOME & PRODUCT RECOMMENDATIONS

DESCRIPTION OF THE PROCEDURE

Velashape III is a new non-invasive treatment that uses a combination of technologies to contour your body and reduce the appearance of cellulite. Vacuum technology manipulates your skin while infrared light and bi-polar radio frequency energies gently heat fat cells and surrounding tissue.

CONTRAINDICATIONS

Treatment with this device is contra-indicated for patients with any of the following conditions:

- Pacemaker or internal defibrillator
- Superficial metal or other implants in the treatment area
- Current or history of skin cancer, or current condition of any other type of cancer, or pre-malignant moles
- History of any kind of cancer*
- Severe concurrent conditions, such as cardiac disorders.
- Pregnancy and nursing as well as 3-6 months post-childbirth or when the normal hormonal balance is regained.
- Impaired immune system due to immunosuppressive diseases such as AIDS and HIV, or use of immunosuppressive medications.*
- Diseases, which may be stimulated by light at the wavelengths used.
- Patients with history of diseases stimulated by heat, such as recurrent Herpes Simplex in the treatment area, may be treated only following a prophylactic regimen • Poorly controlled endocrine disorders, such as Diabetes
- Any active condition in the treatment area, such as sores, Psoriasis, eczema, and rash
- History of skin disorders, keloids, abnormal wound healing, as well as very dry and fragile skin
- History of bleeding coagulopathies, or use of anticoagulants
- Use of medications, herbs, food supplements, and vitamins known to induce photosensitivity to light exposure at the wavelengths used, such as Isotretinoin (Accutane) within last 6 months, Tetracyclines, or St. John's Wort within the last two weeks.*
- Any surgical procedure in the treatment area within the last three months or before complete healing.
- Treating over tattoo or permanent makeup.
- Excessively tanned skin from sun, sun-beds or tanning creams within the last two weeks.
- Hernia(s) present
- As per the practitioner's discretion, refrain from treating any condition, which might make it unsafe for the patient.

POTENTIAL RISKS AND SIDE EFFECTS

Certain side effects may be experienced during treatment or shortly afterwards, usually as a result of improper use of the system. Although these side effects are rare and temporary, they should be reported immediately to a physician for proper treatment. These are the side effects that may appear in the treatment area:

- Pain
- Excessive skin redness (erythema)
- Damage to natural skin texture (crust, blister, burn)
- Bruising

**Although not recommended, these conditions may be treated at the discretion and under the full responsibility of the medical director/physician. In such a case, a small area should be treated and assessed a few days later to determine if the patient will tolerate the treatment without developing adverse effects.*

CONSENT

I understand that the VelaShape is a device used for improving the appearance of cellulite and reducing circumferences and that it may also be therapeutic for improving circulation and muscle aches in the treated areas. I understand there is a possibility of short term effects such as discomfort, reddening, blistering, scabbing, temporary bruising and temporary discoloration of the skin, as well as rare side effects such as scarring and permanent discoloration. These effects have been fully explained to me _____ (patient's initials). I have also been advised of the pre and post-treatment care which is as follows:

PRE-TREATMENT INSTRUCTIONS

1. Avoid the sun for a minimum of 7 days before treatment.
2. Hydrate, hydrate, hydrate! For maximum results, drink the recommended 64oz of water per day to help flush the lymphatic system and achieve optimal results. The machine will not achieve the desired effect if the body is dehydrated.

POST-TREATMENT INSTRUCTIONS

1. Avoid the sun for a minimum of 7 days after treatment.
2. Make a followup appointment within 1-2 weeks of treatment.
3. For maximum results, exercise for 30 minutes a day to help move the lymph.
4. Follow up the VelaShape treatment with one of our Biologique Recherche body treatments for lymphatic drainage.

I understand that clinical results may vary depending on individual factors, including but not limited to medical history, skin type, patient compliance with pre and post-treatment instructions, and individual response to treatment.

I understand that treatment with the VelaShape involves a series of treatments and the fee structure has been fully explained to me _____ (patient's initials).

I certify that I have been fully informed of the nature and purpose of the procedure, expected outcomes and possible complications, and I understand that no guarantee can be given as to the final result obtained. I am fully aware that my condition is of cosmetic concern and that the decision to proceed is based solely on my expressed desire to do so. I confirm that I have informed the staff regarding any current or past medical condition, disease, or medication taken.

I certify that I have been given the opportunity to ask questions & that I have read & fully understand the contents of this consent form. This consent form is valid until all or part is revoked by me in writing.

I _____ (full name) authorize Anti-Aging Centers of Connecticut LLC and it's designated staff to perform the VelaShape treatment on my body.

Client Signature: _____ Date _____

Parent signature for clients under 18 years of age: _____

Technician Signature: _____ Date _____

I have received a copy of the Consent & Client Instructions

Client Signature: _____ Date _____

VELASHAPE III TAKE HOME: RECOMMENDED PRODUCTS TO ENHANCE RESULTS

All of our clients doing VelaShape III and/or body slimming treatments will benefit from a regimen utilizing Biologique Recherche products– home care is a MUST! Just like you brush your teeth in between dentist appointments, it's essential to take care of your skin in between body treatments!

BR is a high end skin care line that uses 85% active ingredients from biological, marine and botanical sources. They use the highest quality of ingredients and are free of fragrances, parabens, silicones, synthetic colors, and Sodium Laurel Sulfate.

SUPPLEMENT

Griffonia & L-Tyrosine Supplement

This supplement, which contains no stimulants, aids weight loss by reducing cravings, controlling appetite, helping maintain regular blood sugar levels, easing anxiety and stress, and regulating mood and sleep. Each bottle contains 60 capsules; simply take two capsules each morning with a large glass of water. For best results, use a minimum of three months. — \$139

TOOLS

Body Glove

This silicone-based glove has two sides: a flat, smoother spiked side for deeper product penetration and lymphatic system activation and a thin, spikey side to stimulate micro-circulation and exfoliate. Always work serums and/or creams into the skin using an upward motion. — \$52

EXFOLIATORS

Lotion P50 Corps

This spray cleanses and purifies the skin by eliminating dead cells and balancing the epidermis. It can be applied to wet skin right out of the shower and works best when massaged into the skin using the smaller, spiky side of the body glove to increase exfoliation and microcirculation. Lotion P50 prepares the skin for any products used afterwards. Avoid direct sun exposure. — \$114

Gommage P50 Corps

This chemical and physical exfoliant removes dead cells and impurities, while toning the epidermis and unifying the complexion. Can be used once a month for those with thinner skin or once a week for thicker skin. Rinse off after using and then apply creme on top. — \$114

SERUMS

Huile Dermotonique

Tones the epidermis, helps reduce cellulite and improves blood circulation. Especially great for those with stretched skin from rapid weight loss. Rich texture provided by grape seed oil and has a strong scent of Cypress and Rosemary. — \$129

Huile Sous-Ombilicale

Ideal for those with water retention or edema, this oil helps eliminate toxins and leaves the skin toned and softened with visibly reduced plumpness. Apply to stomach before bed to increase elimination in the morning. — \$139

Huile Jambes Legeres

Great for those with tired and heavy legs, this oil enhances microcirculation and contains camphor which provides instant cooling and relief. Great when paired with our Creme Defatigante. — \$139

Lipogen AC

An oil that visibly reduces the appearance of cellulite and localized adipose tissue (fat). Leaves the skin more toned and firm to the touch, while activating drainage and circulation. Concentrated active ingredients include Chinese Wild Ginger extract, Plankton extract, Pink Peppercorn extract, Macadamia oil and Avocado oil. Avoid direct sun exposure. — \$139

Serum Matriciel

Improves the skin's firmness & elasticity, activates micro-circulation, smoothes fine lines and imperfections and refines skin structure. Excellent for post-weight loss skin and on the delicate neck/lower face area. We recommend using Creme Reparatrice on top to finish! — \$175

CREAMS

Crème Matricielle

An intense firming treatment that helps fight lack of tone and firmness. Thanks to its moisturizing, firming and restructuring properties, it offers long-lasting hydration and also helps to visibly and significantly restore skin firmness. Whatever the target area, skin is strengthened and more toned. — \$99/\$165

Liposculpt AC

A multi-benefit slimming cream that refines the figure and reduces the appearance of cellulite. Lipolytic and draining active ingredients facilitate elimination of fatty deposits and water stored in tissues, resulting in a reduction of circumference and overall skin improvement. — \$160

Creme Defatigante

Improves blood circulation in the legs and reinforces the dermis. This cream is ideal for travelers or anyone suffering from tired and heavy legs. Tip: Apply before your flight, or apply after a day of work and elevate the legs for maximum relief. — \$60

Creme R Stria/Creme B Stria

Creme R Stria prevents the formation of new stretch marks and reduces the appearance of existing, inflamed stretch marks while refining and smoothing the skin's texture. Creme B Stria acts on two levels to reduce the appearance of white stretch marks by accelerating epidermal renewal and stimulating the synthesis and reorganization of dermal fibers. Only Creme R Stria can be used during pregnancy. — \$160 / \$171

Emulsion Originelle Regenerante Corps

Improves skin elasticity, hydrates and promotes cellular renewal while restoring the epidermal hydrolipid film. Contains hyaluronic acid to boost hydration and can be used daily on dehydrated skin. — \$126

Emulsion Corps VIP O2

This oxygenating cream shields the skin against free radicals and protects the epidermis from daily exposure to pollutants. It soothes and hydrates while relieving irritation. Contains hyaluronic acid. — \$116