

## HYDRAFACIAL: CLIENT TAKE HOME

HydraFacial is the only hydradermabrasion procedure that combines cleansing, exfoliation, extraction, hydration, and antioxidant protection simultaneously, resulting in clearer, more beautiful skin with little-to-no downtime.

The treatment is soothing, moisturizing, non-invasive and generally non-irritating. As with most procedures, visible results from HydraFacial will vary from person to person.

### WHAT TO EXPECT DURING & IMMEDIATELY AFTER TREATMENT

- Your skin may experience temporary irritation, tightness, or redness. These are all normal reactions that typically resolve within 72 hours depending on skin sensitivity.
- You may experience tingling and stinging in the treatment area. These sensations generally subside within a few hours.
- Client experiences may vary. Some clients may experience a delayed onset of the previously mentioned symptoms. Contact us immediately if any unusual side effects occur or if any symptoms worsen over time.

### NEXT STEPS

- You will likely see results immediately after treatment and your skin will feel smooth and hydrated for 1-4 weeks. For improved, longer lasting results, consider take-home products and monthly HydraFacial treatments.
- The treatment area is more susceptible to sunburn, sun damage, and hyper-pigmentation. Avoid direct sun exposure and use a minimum of SPF 40 sunblock.
- Aggressive exfoliation, waxing, and products containing acids should be avoided in the treatment area for a minimum of two weeks before and after treatment.
- Avoid the use of Retin-A type products for one week before and after treatment.

### GOOD SKINCARE THROUGH A HEALTHY LIFESTYLE

Maintain your skin health by following these recommendations:

- Drink plenty of water
- Eat a balanced diet
- Take a daily vitamin
- Exercise regularly
- Get plenty of sleep
- Avoid smoking and tanning beds
- Minimize alcohol consumption
- Manage daily stress

If you experience unwanted side effects you feel may be related to your treatment, or if you have questions about your treatment, please do not hesitate to contact us (even after hours) using the contact information below.